



# MindSight Clinic

## COLOR THERAPY COURSE

Color therapy not only benefits children and their personal well-being but also plays a significant role in adult life. Color therapy is based on seven colors, called the spectrum. Each color has a different wavelength, and it impacts a person's body parts differently. As a therapist, you will utilize the concept of each color and improve your client's emotional and physical well-being. At the mindsight clinic color therapy course, you will learn the effects of colors on a person's mental and physical health and how to take benefits of each. The professional will guide you about the impact of warm and cool color, along with the symbolism of colors to improve anyone's emotional well being.

## COLOR THERAPY COURSE



To become a color therapist, you will require to have basic as well as an advanced understanding of color therapy in the fields of psychology. The Mindsight clinic color therapy course aims to give every student the fundamental and professional knowledge of techniques of colors. You will also learn healing methods in a joyful environment.

## BENEFITS OF LEARNING COLOR THERAPY COURSE

- ➔ Improve self-awareness in your clients
- ➔ Acquire the necessary skills and knowledge to become a professional color therapist
- ➔ Importance of different colors in mental health care.
- ➔ Interact and communicate with the client effectively about color therapy

## COURSE SYLLABUS -

- ➔ How to use color therapy to heal specific mental health disorders
- ➔ Effects of colors over a person's mental health
- ➔ The psychology behind different colors
- ➔ Therapeutic meaning of colors
- ➔ Science of light
- ➔ Color wheel
- ➔ The seven-colored rays
- ➔ Modern tricks and changes in color therapy
- ➔ Color therapy counseling skills
- ➔ Color visualization and healing techniques




## ADMISSION CRITERIA:

- ➔ No prior experience or knowledge required.
- ➔ Age 18+
- ➔ Suitable for students, psychologists, doctors, nurses, counselors, social workers, teachers, trainers, and others.

## CONTACT US:

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 [www.mindsightclinic.com](http://www.mindsightclinic.com)

**Duration : 1 Days Integrated Course | 90 mins/day**  
**Course Fee : ₹ 6,000/-**  
**Certificate Included.**

**KANDIVALI / MALAD / GOREGAON / ANDHERI / JUHU / KHAR /  
BANDRA / KEMP'S CORNER / POWAI / GHATKOPAR**